

JSU CLUB ACTIVITY



B.Y.O.S- BRING YOUR OWN SIMAN

Time needed	30 minutes
Age range	Any teen
Background of teen	Any background can participate in this club, no previous knowledge needed
Set up	Big table – Ttish style

Goals:

To consider the general message of Tu Bishvat: growth and how it applies to each person individually.

Relevance:

This club offers a teen-friendly and inviting Tu Bishvat seder on or close to the actual date of Tu Bishvat to bring this time of the calendar to life.

Active Learning:

The seder needs to be set up beautifully part of making this club feel special is to make the set up special. Consider real table cloths and flowers and have a wow factor for the teens when they enter the seder. Use higher end dishes and food, make the presentation special.

The seder runs as a regular Tu Bishvat seder:

- ❖ <http://www.aish.com/h/15sh/ho/48965616.html>
- ❖ http://www.lookstein.org/resources/seder_derovan.pdf

Supplies needed:

1. Invitation to be sent out BEFORE the club EVITE (suggested information attached)
2. Variety of fruits (shivat haminim)
3. Other brachos if you want to develop into a brachos party
4. Brachos cards <http://www.matankids.org/wp-content/uploads/2011/10/Food-Brachot-.pdf>
5. Table cloths – tish style set up

Step by step planning:

<i>Time</i>	<i>Facilitator Activity</i>	<i>Teen activity</i>
Intro	Introduce what a brachos party is/ u bishvat seder – review the questions on the invitation	
10 minutes	Run a regular brachos party	Make brachos and eat
10 minutes	Ask teens to show and tell their personal simanim	Each person shows what they brought and explains
5 minutes	Wrap up message	

Wrap up message and Torah thought:

Tu Bishvat is closely linked to RH it is a time for reflection and goal setting. Sometimes you need something tangible to remind you how to get there. This seder is an opportunity to recalibrate those goals and ideals.

Mishna Rosh Hashana Chapter 1	משנה מסכת ראש השנה פרק א
<p>MISHNA I. There are four New Year days, The first of Nissan is New Year for (the ascension of) Kings and for (the regular rotation of) festivals; the first of Elul is New Year for the cattle-tithe, The first of Tishri is New Year's day, for ordinary years, and for sabbatic years 3 and jubilees; and also for the planting of trees 4 and for herbs. On the first day of Shevat is the New Year for trees, according to the school of Shammai; but the school of Hillel says it is on the fifteenth of the same month.</p>	<p>משנה א ארבעה ראשי שנים הם באחד בניסן ראש השנה למלכים ולרגלים באחד באלול ראש השנה למעשר בהמה רבי אלעזר ורבי שמעון אומרים באחד בתשרי באחד בתשרי ראש השנה לשנים ולשמיטין וליובלות לנטיעה ולירקות באחד בשבט ראש השנה לאילן כדברי בית שמאי בית הלל אומרים בחמשה עשר בו</p>

Pirkei Avos: Chapter 2	משנה מסכת אבות פרק ב
<p>MISHNA 1. Rabbi (Yehuda the Prince) was in the habit of saying: "In choosing the right path, see that it is one which is honorable to yourself and without offence to others. Be as scrupulous about the lightest command as about the weightiest, for no man knows the result of his actions. Weigh the present temporal disadvantages of a dutiful course against the reward of the future, and the present desirable fruits of a sinful deed against the injury to thine immortal soul. In general, consider three things and you will never fall into sin: remember that there is above you an all-seeing eye, an all-hearing ear, and a record of all your actions."</p>	<p>משנה א רבי אומר איזוהי דרך ישרה שיבור לו האדם כל שהיא תפארת לעושה ותפארת לו מן האדם והוי זהיר במצוה קלה כבחמורה שאין אתה יודע מתן שכרן של מצות והוי מחשב הפסד מצוה כנגד שכרה ושכר עבירה כנגד הפסדה והסתכל בשלשה דברים ואי אתה בא לידי עבירה דע מה למעלה ממך עין רואה ואוזן שומעת וכל מעשיך בספר נכתבין</p>

INVITATION INFORMATION

You are invited to a TuBishvat Seder:

When:

Where:

B.Y.O.S.: There is a tradition at a Tu Bishvat seder to bring signs (Simanim) to the Tu Bishvat seder to celebrate the Trees new year.

Please bring something that symbolizes how you plan to grow in the future or how you have grown and achieved this year.

E.g. if you want to spend more time with your family, perhaps bring a picture of them.

Bring falafel for a more fulfilling life ahead.

Bring a tub a hummus for a year of less hamas.

How to choose a siman- here are some questions to think about:

- ❖ What is the most important thing to you?
- ❖ What are you interested in focusing on?
- ❖ What do you most need in your life?
- ❖ What do the Jewish people need?

